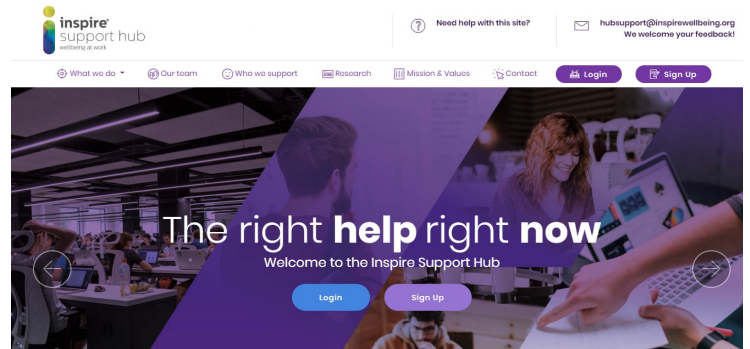


Getting started

The Inspire Support Hub provides instant access to a range of information, guidance, screening and intervention tools, tailored specifically to help care for your individual wellbeing needs.

When logging in at first, you will be prompted to enter your company PIN and to complete a sign up form in order to register.



To start using the hub, follow the steps below:

- Visit: inspiresupporthub.org and on the homepage, click the purple 'Sign Up' icon, top right
- Where prompted, enter your company PIN
The PIN for University of Limerick is: UNILIMER
- This will create a randomly generated username - **it is important that you take a note of this as you will need it when logging in each time you visit the hub.***
- Create a strong password - follow these guidelines:
Your password must be at least 8 characters and contain at least one uppercase, one lowercase, one number and one special character such as ! or #
- Confirm your password and click 'Sign up'
- On the login page, enter your noted username and password
- Start using the hub!

*If you forget your username, return to the 'Sign up' page and repeat the process. A new, random username will be automatically generated. You can use the same password, or if you wish, create a new one.

NB. If logging in to the hub using a username other than that generated on first sign up, your individual profile information and tracked page history will not be saved - **it is therefore important to keep a safe note of the username you used when first logging in to the hub.**

For feedback or technical queries on using the hub, contact us at: hubsupport@inspirewellbeing.org

Sign up to the inspire support hub

Enter Company pin

If you don't know this pin, please contact your employer.

Please make a note of this. This is the username you will need each time you log in.

Create a Password

Confirm Password

Your password must be at least 8 characters as well as contain at least one uppercase, one lowercase, one number and one special character such as ! or #.

sign up

Already registered? [Sign In](#)